

Students' Academy 2026

Metz, France

**«Psychomotor Therapist
A profession of prevention, detection
& care for all ages»**

Program might change
**A program proposed by psychomotor therapists,
for future psychomotor therapists!**

Thursday, March 12, 2026

16:00–20:00: Reception and welcome point

Friday, March 13, 2026

9:30: Reception and welcome point

10:00–12:30:

Students' Academy 2026 opening plenary sessions

Official Address and Welcome Remarks

Representative of the Metz City Council

Psychomotricity in Europe: Why Students' Academy matters

Silvia CATTAFESTA (Italy), President of the European Forum of Psychomotricity

Contribution of psychomotor therapists to quality of life and health

Gérard HERMANT (France), Director Higher Institute of Psychomotor Reeducation, Member High Council for Paramedical Professions to the Minister of Health, Secretary General International Organization of Psychomotricity and Relaxation

Ethics of psychomotor practices

Françoise GIROMINI, Director Academic Programs International Higher Institute of Psychomotor Reeducation

Current developments in psychomotor therapist education in France

Romain ZUPRANSKI, Director Academic Programs Higher Institute of Psychomotor Reeducation Metz, President French Federation of Psychomotor Therapists

Presentation of training and the role of psychomotricity in various represented European countries

Delegations' representatives

12:30: Lunch break

14:00: *Psychomotor therapists at the heart of healthcare and medico-social teams.*

Visits, meetings and exchanges with psychomotor therapists working in various institutions for children, adults and older people, in both institutional settings and private practice.

17:30: Guided tour of Metz city center

19:00: Aperitif at CAP – Metz l'Étudiante

20:00: Free evening

Saturday, March 14, 2026

9:00 – 12:00: **Small group workshops exploring psychomotor practices and methods**

Soubiran's relaxation method

Alexandrine SAINT-CAST, Vice-President European Forum of Psychomotricity

Psychomotor therapy since early childhood

Séverine BEKIER, Academic Programs Coordinator, Higher Institute of Psychomotor Reeduction Paris & International

Sensorimotor methods

Stéphanie HOFMANN, Teacher Higher Institute of Psychomotor Reeduction Metz

Psychomotor assessment

Graphomotor skills

Mediation practices

...

12:00–14:00: Lunch break

14:00 – 18:00: **Small group workshops exploring psychomotor practices and methods**

Psychomotor assessment

Graphomotor skills

Rhythm and percussion

Mediation practices

...

18:00–22:00: Cocktail dinner

22:00–00:00: Student Union evening

Sunday, March 15, 2026

10:00 – 12:30: *Feedback, exchanges, sharing of experiences*

12:30 – 13:00: *Thanks, and conclusion*