

european forum of
psychomotricity



Educational psychomotricity with babies 5 to 15 months

Instruction:

Babies enter the room barefoot, where they can move freely, being accompanied by the psychomotrician; who looks at them in a way that gives to the babies the recognition they need in order to acquire security and confidence in their movements. The psychomotrician observes, listens, and accompanies corporal and creative children's expression, he/she intervenes, when necessary, to ensure safety.

Material:

Psychomotricity room materials

Keywords:

Discovering the body, its movements and possibilities, joy of senso-motor play, muscle tonicity. Discovering body possibilities and limits, harmonious psychomotor development, experiencing body balance and imbalance, supports, conquest of autonomy.

References:

Rota Iglesias, J. La intervención psicomotriz: De la práctica al concepto. Octaedro Recursos. Barcelona. 2014
Pascual Moral, C. Identidad y Autonomía: metodología Psicopraxis. La Casita de Paz. Zamora 2011.